



TWENTY-FOURTH ANNUAL SACRED PATH FALL RETREAT

THURSDAY, OCTOBER 20 THRU SUNDAY, OCTOBER 23, 2011

**Dr. Stephen Johnson
and a staff of Remarkable Men
invite you to participate in this 4-day event:**

A TIME OF ASHES: INITIATION INTO MINDFUL MANHOOD

THE WAY OF THE SPIRITUAL WARRIOR

What if you could retreat from the world in such a way that when you returned, you felt more alive, more inspired and more able to create effective results in your daily life?

What if you could take a vacation from your daily life and re-discover your authentic self, open up to new possibilities and experience real brotherhood?

What if 4 days could offer you a valuable opportunity for introspection so that you can honestly review your life? What if you could discern the changes you want to make in such a way that you return home with a realistic game plan for your personal transformation and renewed energy to put it in motion?

The Sacred Path Retreat is a 4-day experience set in a supportive environment where you can connect with your authentic self within a context of honor, acceptance and understanding. This event will take place on a mountaintop overlooking the coastline, beyond the Malibu city limits in Ventura County. Food and lodging are provided. An enriching experience is promised and an adventure of self-discovery is guaranteed.

REGISTER ONLINE NOW

www.menscenterlosangeles.com/retreats/Fall2011

YOU WILL EXPERIENCE:

- An opportunity to be heard and to heal.
- Time to relax, rest, reflect and revitalize.
- The freedom to shake loose, let go and energize.
- Encouragement to stretch, take the step and make the leap.
- Time to be together and time for solitude.
- Opportunities to explore your psyche in large & small group formats.
- Music, Laughter, Tears, Joy & Fun

CHOICE OF BREAKOUT SESSIONS WILL INCLUDE:

- Native American Sweat Lodges.
- Rebirthing Breathwork.
- Large Group Community Gatherings.
- Intimate Tribe Meetings.
- Recovery Meetings — Support for your recovery from traumas and life crises including health, addiction, infidelity & divorce.
- Movement and Meditation — Get up and go or slow down and go within.
- The Passion of the Drums.

WHAT YOU WILL LEARN:

- Relationships — How to improve them, or how to dissolve them with dignity.
- Anger — Learn to deal effectively with the triggers and manage your reaction.
- Parenting — Discover more effective ways of engaging with your children.
- The Father Gap — Attend to the wound that never seems to heal.
- Aging — Explore how to sustain youthfulness while becoming an Elder rather than just an Older.
- Mindfulness Training — Expand your awareness and raise your consciousness.

1. Full fee is \$425. Deposit of \$200 will reserve your spot. 2. Registrations will be accepted until Wednesday, October 19th, space permitting. 3. Cancellations on or before Thursday, October 5th are eligible for a refund, less a \$50 processing fee. 4. Deposit fee is non-refundable after Thursday, October 5th. 5. Balance of fee is due on or before Thursday, October 13th. 6. Full fee is nonrefundable after Wednesday, October 19th. 7. Refunds will be processed within two weeks following the retreat. 8. No registrations will be held without deposit.