



A Day for Men
With
Dr. Stephen Johnson
SPIRITUAL PURIFICATION
The Science of Everlasting Life
Holy Spirit Retreat Center Saturday, February 5, 2011

There are practices that support and sustain our ability to maintain balance as we traverse the ups and downs of life's course for us today. The stresses and strains can take their toll if we're not prepared and equipped to deal with them. This practicum will present information and practices to fortify you in dealing with these challenges as you determine how you will interface with this fast-paced and increasingly hectic world.

It is important to master a conscious relationship with earth, air, water and fire. These are the basic elements of the physical body and the physical universe. They are forever interpenetrating each other in an intelligent way. Basic spiritual purification practices clean and balance the Energy Body that brilliantly creates and maintains the physical body as well as keeping the mind in a state of equanimity and bliss: the peace that passes all understanding.

Spiritual purification is simple and actually pleasurable. Body-Mind rejuvenation and renewal can be achieved as we sustain the eternal process of becoming more alive and vital. The results of spiritual purification practices and philosophy, including Sacred Conscious Breathing and Mindful Meditation on Empowering Affirmations, can heal the death urge promulgating a slowing and reversal of the aging process and mastery over Physical Immortality.

Leonard Orr believes that "This is the best time in human history to achieve personal practical mastery. We are entering the Age of Truth when everyone will take responsibility for themselves, their enlightenment, and our quality of life."

For forty years, Stephen Johnson, Ph.D. has been bringing out the best in good men. In 1974, while a Doctoral Fellow in Rehabilitation Psychology at the University of Southern California, Stephen published his research on the Benefits of Yoga Therapy on Self-Concept, Conflict Resolution and Emotional Adjustment. He went on to study a post-doctoral curriculum for four years at the National Academy of Metaphysics and was one of a group of individuals assisting Leonard Orr during his pioneering work with the powerful breathing process called Rebirthing. This became the foundation for the blending of spirituality and psychology that has been at the heart of Stephen's personal evolvment and his professional practice as a psychotherapist and educator. This is your opportunity to participate in a life enhancing experience with Stephen and a gathering of men who are committed to living conscious lives. You are invited to attend this Practicum on Spiritual Psychology.

NAME _____

PHONE (HOME) _____ (MOBILE) _____ E-MAIL _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP _____

MARITAL STATUS _____ NUMBER OF CHILDREN _____ YOUR AGE _____

CREDIT CARD TYPE (Visa/MC) _____ NUMBER _____ EXP. DATE _____

The fee for this event is \$125.00 per person, which covers program, lunch, and snacks. Checks should be made to the order of Sacred Path Productions, Inc. and should be mailed with the completed registration form to: Men's Center Los Angeles, 21243 Ventura Blvd., Suite 214, Woodland Hills, CA 91364 Applications with credit card information can be faxed to (818) 348-9302.